778 A charm from the Koran, called kiraha, karaha, or korh, "hatred"
755 or "destestation", is written for the purpose of curing a person of some particular vice from which he is suffering, such as drunkenness or
[276] libidinousness or the habit of smoking Indian hemp (kif). This charm is hung on him, and in addition some fowl's dung is secretly mixed into his food so as to make the object of his evil desire—drink, women, or kif—as distasteful to him as is the dung (Andjra, Ait Waryager).

[214] A simpler method adopted for the same purpose is to ask the schoolmaster to write a charm from the Koran, which is put into a little case of leather or calico and hung round the neck of the boy (Ait Waryager).

784 [223] In various places it is considered bad to give yeast (Garbiya, Hiaina, Ait Waryager) or salt (Garbiya, Ait Nder, Ait Waryager) out of the house or tent after asar or sunset.

[224] The Rifians of the Ait Waryager and the Shlöh of Aglu consider it very dangerous to cut down trees on a Friday. In many parts
[224] of the country hunting is then abstained from (Fez, Mogador, Ulad
●[753] Bu aziz, Andjra, Ait Waryager, Igliwa, Aglu); a Berber from Glawi told me of a man who killed five pigeons with one shot on a Friday, and became blind at the same moment.

841 [232] In Andjra the women should be clean when they milk the
778 cows, sheep, or goats; if an animal is milked by a menstruating woman it will become diseased. Among the Ait Waryager, on the other hand, a menstruous woman is allowed to milk an animal, but not a woman who has refrained from washing after she has had connection with her husband. In the same tribe it is held that if an unclean person goes among the sheep they will die, because they are holy animals and in consequence easily hurt by defilement.

784 The horse, which is such a holy animal, must be well guarded
834 against pollution. It seems to be a universal belief in Morocco that
778 if a person who is sexually unclean rides a horse some evil will happen to him: he will tumble down, or be late in arriving at his destination, or will not succeed in his business, or will have boils, or become ill or die.

[233] Some people even say that the mule, though not a holy animal, will get sores if ridden by an unclean individual, whereas nothing will happen to the rider (Andjra, Ait Waryager). When a person gives barley to a horse, mule, or donkey, he should be clean,

776 264 practices and beliefs it was said that a person who sees meat and is not allowed to taste it gets angry and is therefore attacked by the jnun haunting the meat, and also that the jnun haunting the person may hurt him because they do not get the meat they are longing for. We must not expect very clear ideas with regard to haunted objects; yet both explanations well agree with the fact that some of the customs in question have particular reference to women and children, who are more than others exposed to the attacks of jnun. If a person offers another meat the latter must accept it, even though he does not want to eat it; only an enemy can refuse such an offer, since a refusal would be attended with very serious consequences for the person who offered it—he may even die (Ulad Bu aziz, Andjra, Ait Sadden). But I have also heard that the bas, or evil, will fall upon the person who refuses to accept the meat (Hiaina), or that both parties will have to suffer (Ait Waryager).

776 514 753 [280] Excrements of men and of animals which are not used for food are extremely haunted. The Ait Waryager say that there are Jewish jnun in the dung-heap (dazubait, in Arabic zebbala) of the household; and water-closets and drains are favourite abodes of jnun. In this connection some beliefs and practices relating to improper behaviour may be mentioned in addition to those noticed before. When a person does his needs he should cover his head with his hayek or the hood (qobb) of his jellaba, he must look neither right nor left, and if he speaks his children will be qora, that is, affected with ringworm (Fez). If a boy does his needs on the road—nobody but a boy can do such a thing—he will have boils (Ulad Bu aziz); the Ait Waryager say that he must be a bastard (mmis rahram). If a person makes water on the road, the bas enters underneath his nails and and makes them diseased (Andjra) or he will have hangnails (Ait Waryager) or he will be forgetful (Fez).

776 372 513 [293] Jnun also haunt the fire and the fire-place (in Arabic l-kanun; in Berber takat or takkat [Sheiha], almssi [Ait Sadden], tahfurt n tmssi [Ait Warain], dagandort [Ait Waryager]). If a person sleeps with his head near the fireplace, he is very liable to be struck by them; some people say that he will never get well again, while according to others he will have a headache or be troubled with bad dreams.

776 372 [294] To throw out a brand from the fire-place when it is raining makes the angels blind (Hiaina); indeed, fire ought never to be thrown

787 have a long life; this belief is particularly prevalent in connection with the sacrifice at the Great Feast, but it also applies to the slaughter of animals on other occasions (Shawia, Tangier, Andjra, Ait Waryager). So also, if you throw something on the ground and it falls in an upright position you will have a long life—your "luck remained standing"; and the same is the case if a match continues to burn after you have thrown it away (Tangier). If you throw down a stone which you find on the road you will become ill; the idea is evidently that you will have to lie down like the stone (Ait Waryager).

789 753 [604] In other cases the spoken word is supposed to produce a magical effect by communicating an evil from which the speaker suffers to the person spoken to. It is a general belief that if a sick person speaks to another about his illness the other one will become ill, unless special precautions are taken. Before he speaks of it he should say, Smah li ma skit 'alik, leh la iwurrik bas, "Pardon me, I did not complain to you, may God let you have no evil"; and if no such apology is made the person spoken to says or whispers, Basak f rasak ma t ski si 'aliya, "May your evil be on your head, do not complain to me" (Andjra, Tangier). Or if a person complains of being ill in another person's presence, the latter says, Ski 'ala t-treq, dzidek l-hareq, "Complain to the road, may it increase for you the pain"; or Jnun l-marsa temma yersa, "[Complain to] the jnun of the harbour, there it (that is, the illness) will remain" (Fez); or, "Complain to the stones, may God increase it (that is, the illness) for you" (Ait Waryager).

[606] If a sick person sells his clothes his illness will be transferred to the person who buys and wears them, but if he gives them away in charity the recipient will not get his illness, although he himself will get rid of it (Andjra, Ait Waryager).

789 [607] The death to which a person is exposed may, as it were, be transferred to an animal by slaughtering it. The killing of a fowl on the birth of a child is expressly said to safeguard its life by removing its bas, and the sacrifice of a sheep or a goat in connection with the naming of the child serves a similar purpose.

[608] So also the accidental death of an animal is supposed to a save its owner or his family from misfortune (Dukkala, Andjra, Tangier, Ait Waryager, Aglu).

551 As the first son is called after the Prophet, so the first daughter is called after his daughter Fatimah, the wife of 'Ali and the mother of al-Hasan and al-Husain, from whom are descended the posterity of the Prophet known as Saiyids. Her name—which is in Morocco pronounced Fatuma, Fatma, Fatma, Fatna, or (by some Berbers) Fadma—is generally given to the eldest daughter, even though it be the name of the mother, which is otherwise avoided; but among the Ait Waryager the daughter is in such a case called Fattos.

[407] In Berber tribes Arabic names given to children are altered in ordinary conversation. Muhammed is changed into Muhand (Ait Yusi), Mohand (Ait Sadden), Mohand (Ait Waryager, in the case of a scribe or a man who has made the pilgrimage to Mecca), Momoh (Ait Sadden, Ait Warain), Mahha (Ait Sadden), Moha (ibid.), or Moh (Ait Waryager).

302 [408] At Fez no child of either sex must be shaved until it is one year of age; while among the Ait Waryager a boy is shaved a year after his birth and a girl never.

[409] Some hair, however, is always left on the head, in accordance with the custom of the family. In all families it is the custom to leave an 'orf, consisting of a narrow line from front to back, but in some families a garn, or tuft, is in addition left on the right side, and in others a garn on the left side as well.

[753] [414] It is believed that if the shaving of a person's head is left unfinished, because the razor is not sharp enough or for some other reason, his head will be affected (Ulad Bu'aziz) or he will become ill in one way or another (Ait Waryager).

[415] In Morocco there is a belief that if it is the custom of a family to leave a garn on the head of a child, the latter will become ill and most probably die if this custom is not observed. The Ait Warain and the Ait Sadden maintain that the same will happen to a boy if the garn left on his head is ever shaved. The Ait Waryager say that if it is shaved before the death of his parents, either the father, the mother, or the boy will die.

852 304 [416] The next important event in the life of a boy is his circumcision. The age at which it takes place varies greatly.

[417] I was told that among the Rifians of the Ait Waryager boys are as a rule circumcised when they are about one year old, but that there are instances of boys being circumcised a few months after their birth. This is the earliest age I have heard of anywhere in Morocco.

753 Most sickness is attributed to evil spirits,
776 the dinoun. These creatures are held responsible for malaria,
[164] epileptic and paralytic seizures, rheumatic and neuralgic pains, cholera, whooping cough, smallpox, and so forth. The dinoun themselves are usually invisible but can take the shape of an animal or human. When a person falls ill it is believed that either a dinoun has possessed him or he has been given the evil eye.

755 There are various methods of purging oneself of the dinoun,
782 generally involving animal sacrifice either at a saint's tomb or mosque. Although the Moroccan government has set up medical
657 facilities in the rural areas, the local doctors and nurses
743 admit that the vast majority of illness is treated in the tradi-
755 tional way. This is especially true of the women who are cul-
[562] turally prohibited from going before a stranger for a medical examination.

751 Investment is not only made to remedy the effects of the
782 dinoun after the fact, but also as a preventive of such effects. To prevent the evil effects of the dinoun an animal is sacrificed before the building of a new house (Westermarck 1920:34), when the digging of a well commences, and again when water is reached (Ibid.:71).

754 Another form of magic over which the Riffian is much disposed to worry is the evil eye. Most people in this society believe that a glance or stare from certain persons can produce an evil spell. Everyone has the potential to give the evil eye

754 and one can get it not only from people who dislike you but from
[152] people who love you. The eye is thought to most often result from jealousy, and one of the social mechanisms for constraining hubris is that pride over secular success will bring disaster upon the individual.

754 The fear of the evil eye runs counter to another major
556 principle in the Rif, the conspicuous display of prosperity as
152 a mechanism to increase prestige. The balance between avoiding jealousy and being successful is rather difficult to maintain. In any economic action the aspect of success has a countervailing feature of disaster. Although the evil eye resembles the dinoun
[753] in that it conveys the same sort of misfortune in the form of
[776] death and disease, there is one critical difference. The dinoun is regarded as an independent agent operating of its own volition, while the evil eye operates through a specific human agent.
[578] The evil eye is the more dangerous of the two because it increases friction within the community between families or within the same family. The incentive to earn profit is curbed by the fear of attracting misfortune through the evil eye. One man who had set up a small store to sell tea, oil, sugar, and the like, dressed his children in increasingly scruffy clothing in order that his economic success would not attract envy.

751 Aside from the avoidance patterns caused by the evil eye, amulets are considered particularly efficacious as a protective
[793] device. The amulets are generally prepared by the fqih, who
[435] inscribes them with sayings from the Koran. Prices for these